

James C. Adams II

Partner



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OFFICE

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Jimmy Adams is a versatile and seasoned litigator with more than 20 years of experience in arbitrations and in federal and state courts. Jimmy represents clients on issues related to noncompetition agreements, health care, professional malpractice, and all types of corporate and commercial disputes.

MY PRACTICE

CIVIL & COMMERCIAL LITIGATION

Jimmy is an accomplished litigator who is very familiar with the process, strategy and custom at the trial and appellate levels. His goal is to “First, position clients to avoid litigation if possible, and then to maximize their chances for success when litigation arises.”

Jimmy represents large national enterprises, small local companies and individuals on a wide range of issues. He has extensive experience in cases involving post-employment disputes, including covenants not to compete; shareholder and

PRACTICE AREAS

Employment
Health Care
Litigation
› Complex Business Litigation
› Mediation & Arbitration
› Professional Liability Litigation

INDUSTRIES

Health Care

EDUCATION

Georgetown University Law Center
J.D., 1991, *magna cum laude*
Order of the Coif; Articles Editor,
Georgetown Law Review, 1990-91

University of North Carolina at Chapel Hill
B.A., 1988, with honors in Economics and distinction, Phi Beta Kappa

CLERKSHIP

Law Clerk to the Honorable Frank W. Bullock Jr., United States District Court, Middle District of North Carolina, 1991-92

BAR & COURT ADMISSIONS

North Carolina
US Court of Appeals
4th Circuit
8th Circuit
US District Court - North Carolina
Western District
Middle District
Eastern District

closely-held company litigation; contract disputes; real estate development; accounting and professional malpractice; Certificate of Need ("CON") applications and litigation; and other health care related issues. Jimmy also has experience in several litigation matters involving interest rate swaps, representing parties in disputes with large financial institutions.

NON-COMPETITION AGREEMENTS

Jimmy helps employers draft non-compete agreements that comply with the current law. He represents employers in enforcing their agreements with former employees, and also represents employees in disputes against former employers.

CERTIFICATE OF NEED & HEALTH CARE LITIGATION

Jimmy represents health care providers in litigation involving Certificate of Need applications. Jimmy has represented providers both challenging and supporting decisions by the state, and has also represented providers in granting or denying requests to develop new healthcare facilities or provide new equipment or services.

ACCOUNTING & PROFESSIONAL MALPRACTICE

Jimmy has extensive experience representing accounting firms and law firms in grievances filed against them by their former clients or their clients' lenders and creditors.

HONORS

Recognized in *North Carolina Super Lawyers* (Thomson Reuters) in Business Litigation (2009-2021); recognized in *Super Lawyers Business Edition* for Business Litigation (2015)

Selected by his peers for inclusion in *The Best Lawyers in America*® in Commercial Litigation (2011-2021), Labor & Employment Litigation and Securities Litigation (2008-2021); "Lawyer of the Year" for Litigation: Securities (2015, 2017)

Recognized as a "Litigation Star" by *Benchmark Litigation* for General Commercial (2015-2021)

COMMUNITY INVOLVEMENT

Member, Council of the Litigation Section, [North Carolina Bar Association](#) (2003-2005)

Editor, "Litigator", [Newsletter of the North Carolina Bar Association Litigation Section](#) (2001-03)

Member, [Litigation Section, North Carolina Bar Association](#) (1992-present)

Member, Litigation and Intellectual Property Sections, [American Bar Association](#) (1992-present)

Member, Citizen Lawyer Committee, [North Carolina Bar Association](#)

Chairman (2001-03), and Member, [Cornerstone Baptist Church](#) (1997-present)

Member, Antitrust and Complex Business Litigation, [American Bar Association](#) (2011-present)

Member, Board of Directors, [Baptist State Convention of North Carolina](#) (2011-2014); Member, Executive Committee (2012-2015); Chairman, Business Services Special Committee (2012-2015)

Parliamentarian, [Baptist State Convention of North Carolina](#) (2008-2014)

Availability of Health Insurance Subsidy Requires Employers to Act, April 16, 2021

American Rescue Plan Includes Changes to COVID-Related Employee Leave , March 12, 2021

CDC Issues New Guidance for Vaccinated Individuals, March 9, 2021

North Carolina Municipalities Pass Anti-Discrimination Ordinances, February 25, 2021

New DOL Independent Contractor Rules, January 13, 2021

Mandatory COVID Leave Expires, but Tax Credits for Providing COVID Leave are Extended, December 30, 2020

CDC Changes Recommendations for Quarantine after Exposure and/or Travel, December 3, 2020

DOL Proposed Rule Clarifies Requirements for Classifying Workers as Independent Contractors , September 28, 2020

Revised DOL Regulations Limit Scope of Health Care Provider Exception Under the FFCRA, September 14, 2020

The CDC (and Others) Change Guidance, July 22, 2020

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SPEAKING ENGAGEMENTS

Jimmy Adams to Speak at Bernard Robinson's Annual CPE Symposium, October 30, 2017

Legal Landmines of Social Media Event, February 22, 2012